

Preventing Tragedy: A Community United

Agenda

5:00 pm Check-In/Exhibit booths

Informational booths will be set up with vendors related to the topic. Such as Ridgeview, Mobile Crisis, etc.

6:00 pm Welcome -> Chief Akagi

Overview of the evening and purpose for the seminar.

6:15 pm Mental and Emotional Health -> Ben Harrington

“Mental Health 101”, what is mental and emotional well-being and what are mental illness and emotional disorders.

6:30 pm Mental Health Interventions: Children and Adults -> Ridgeview

How to perceive warning signs and when action should be taken

7:00 pm Precautions (gun locks, lock boxes, proper medication disposals)

Steps to take while trying to get help for a family member or friend

7:15 pm Solutions (Mental Health First Aid, CIT, Mobile Crisis, Youth Villages)

Action to take when warning signs have been identified

7:45 pm Evaluations